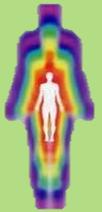


*Celebrate Spring, Nurses Week, and Florence's Birthday
with – Dinner & an Educational Program!*

“Cultivating Your Reservoir: Building Positive Energy to Manage Stress”



Speaker:

John R. Sonnega, Ph.D.

Stress Management Program Manager and Adjunct Lecturer in Public Health and Health Studies,
School of Health Professions and Studies, The University of Michigan - Flint

Thursday, May 8, 2014

5:00 - 6:00 p.m. Check-in/ social hour/ CASH BAR
6:00 - 7:00 p.m. Buffet meal
7:00 - 8:00 p.m. CE presentation
Q & A, Evaluations
8:00 - 8:30 p.m. Coffee/Dessert
Raffle of Spring and Made in Michigan Baskets
(100% raffle proceeds donated to Food Gathers)

BUFFET MEAL & Educational Program:

IPN & Sigma Theta Tau Members (Rho Chapter or Eta Rho Chapter): **\$20.00**

Non-Members: **\$30.00**

Generic Nursing Students (ADN or BSN) or Retirees: **\$10.00**

Location:

KENSINGTON COURT HOTEL - at Briarwood Mall
610 Hilton Blvd., Ann Arbor, MI

REGISTRATION IS ONLINE at the IPN website:

<http://www.ipnursing.org>

Registration deadline is **May 1, 2014**

Questions? Contact ipnursing@gmail.com

Professional Development & Education, University of Michigan Health System (OH-423,
3/1/2016) is an approved provider of continuing nursing education by the Ohio Nurses
Association (OBN-001-91), an accredited approver by the American Nurses Credentialing
Center's Commission on Accreditation.

1.0 Contact hour



This program is provided by The University of Michigan Health System Department of
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